

CHOOSE FREEDOM SUPPORT GROUP
WEEK 9 SUPPLEMENT

God Calls Us to Impossible Love

Luke 6:46-50

“Why do you call me ‘Lord, Lord,’ and not do what I tell you? 47 Everyone who comes to me and hears my words and does them, I will show you what he is like: 48 he is like a man building a house, who dug deep and laid the foundation on the rock. And when a flood arose, the stream broke against that house and could not shake it, because it had been well built. [a] 49 But the one who hears and does not do them is like a man who built a house on the ground without a foundation. When the stream broke against it, immediately it fell, and the ruin of that house was great.”

Luke 6:27-28

“But I say to you who listen: Love your enemies, do what is good to those who hate you, 28 bless those who curse you, pray for those who mistreat you.

John 13:34

“I give you a new command: Love one another. Just as I have loved you, you must also love one another.

1 Corinthians 16:14

Your every action must be done with love.

1 Timothy 1:5

And the goal of your command is love from a pure heart and good conscience and sincere faith,

You can only get here by Grace- NOT by law.

We are Perfected and Protected in Love

Johns Hopkins Medicine

Studies show that the act of forgiveness can reap huge rewards for your health, lowering the risk of heart attack; improving cholesterol levels and sleep; and reducing pain, blood pressure, and levels of anxiety, depression, and stress. And research points to an increase in the forgiveness-health connection as you age.

Chronic anger and unforgiveness puts you into a fight-or-flight mode, resulting in unhealthy changes in heart rate, blood pressure and immune response. This leads to increased risk of depression, heart disease, diabetes, and other conditions. Forgiveness, literally calms stress levels, leading to improved health.

1 John 4:7-8

Dear friends, let us love one another, because love is from God, and everyone who loves has been born of God and knows God. 8 The one who does not love does not know God, because God is love.

1 John 2:5

But whoever keeps His word, truly in him the love of God is perfected. This is how we know we are in Him:

1 John 4:17

In this, love is perfected with us so that we may have confidence in the day of judgment, for we are as He is in this world.

Our old nature is only capable of feigned love; not the love of God, which is perfect. God's love does not depend on others behaviors. This does not fulfill the law. We must actually love God and others to fulfill the law. Apart from God, there is no love. Every part of us is wired to love. All the tools are there but no power if not in Christ. Feigned love even tax collectors can do.

Luke 6:32-33

“If you love those who love you, what benefit is that to you? For even sinners love those who love them. 33 And if you do good to those who do good to you, what benefit is that to you? For even sinners do the same.

If we step back into love – total access to love – we have the love of God in us!

John 17:26

I made Your name known to them and will make it known, so the love You have loved Me with may be in them and I may be in them.

Trust Him to do this work in you. He WILL...

Ezekiel 36:25-27

I will sprinkle clean water on you, and you shall be clean from all your uncleannesses, and from all your idols I will cleanse you. 26 And I will give you a new heart, and a new spirit I will put within you. And I will remove the heart of stone from your flesh and give you a heart of flesh. 27 And I will put my Spirit within you, and cause you to walk in my statutes and be careful to obey my rules.

Romans 5:5

And hope maketh not ashamed; because the love of God is shed abroad in our hearts by the Holy Ghost which is given unto us.

Shed abroad: poured out, gushed out greedily

Philippians 2:13 (AMPC)

[Not in your own strength] for it is God Who is all the while effectually at work in you [energizing and creating in you the power and desire], both to will and to work for His good pleasure and satisfaction and delight.

You get to BE LOVE.

When we are born again, we have the echo of the loveless life – feigned love because we're used to that. We must learn to abide in God and experience His love and love from that atmosphere. We don't need rules here because we fulfill the law when we abide in God and His love.

We must learn what this kind of love looks like and function here. Present yourself God transforms you as the echo grows dimmer and dimmer.

Metanoya: change the way you think. Turn around. Bring the NEW creation back into the throne room.

Transformation

This is moving from the echo of pretend love back into living in and recognizing God's love. We are used to the echo and must put off the old, put on the new, walk out of the echo/false and into the truth through the knowledge of Him.

Continue in the process of transformation: put off the old and put on Christ.

- Take off the old self
- Be renewed in your mind
- Put on your New Creation made in the image of God from the beginning. This is who you were always meant to be.

Hebrews 6:11-12 (ESV)

11 And we desire each one of you to show the same earnestness to have the full assurance of hope until the end, 12 so that you may not be sluggish, but imitators of those who through faith and patience inherit the promises.

Continue to speak the word to renew your mind. Do NOT give the devil (OR your old nature) a foothold. Ask His Holy Spirit in you to show you and remind you with His word.

Always remember, God gives us the desire AND the ability to do this. He does the work as we rest in Him. You CAN run and rest! Remember Philippians 2:13!

This is the truth to speak and trust in to renew your mind and transform you into His image; one that abides fully in His divine nature. This means you walk in His LOVE.

I am created to love with my thoughts, words, actions, AND feelings. This can only happen with Father, never without Him. I cannot love without Father and loving others, with His love, is who I am meant to be. Perfect love casts out ALL fear and shame.

I am equipped by Father to unselfishly seek what is best for others at all times as He is my source of love. I love in and from Him at all times. This is the power behind my keeping His commandments. It's the only way I can walk in His nature and for others to see His glory in me because He IS love.

New Creation Prayer

Thank You, Father, that Your spirit in me provides everything required for life and godliness through the knowledge of You. You have called me to shine Your glory and goodness to the world. It's Your precious promise that I share in Your divine nature.

Thank You, Father, that You dwell in my heart through faith. I love You with all my heart, soul, and mind. Because I know You and You know me, I love with Your love. You are perfect and You make me perfect in Your love. Thank You, Father, that I know and believe the love You have for me. I abide in love because I abide in You, and You abide in me.

Because of Your love for me and in me, I have complete and perfect confidence, without fear of judgement, in who You made me to be. I love because Your love has been poured out into my heart. I am Your child, and it shows because of Your love. My comprehension and experience of Your love surpasses all knowledge and fills me to overflowing because of Your goodness, grace, mercy, and love.

Help me to walk in Your love, goodness, patience, and peace. I choose to put off my old nature and walk in Your ways. Help me to live that out each and every day as Your word renews my mind and You transform me from one level of glory to another.

I pray, Father, that I will continually experience and grow in Your love and discern what is right so I may be pure and blameless, filled with Your righteousness for Your glory. May I be filled to overflowing with love for others so my new heart, from you, is holy and blameless. Thank You, Father, that you removed my old heart of stone so I may be one spirit with You. I share in Your nature and Your love because You love me.

Thank You, Father!