

## Scriptures for Week 12

Psalm 118:8: It is better to take refuge in the Lord than to trust in man.

Proverbs 29:25: The fear of man is a snare, but the one who trusts in the Lord is protected.

2 Timothy 1:7: NKJ: For God has not given us a spirit of fear, but of power and of love and of a sound mind.

NIV: For the Spirit God gave us does not make us timid, but gives us power, love and self-discipline.

**Deilia** *di-lee'-ah* From **δέος** *deos* (*dread*); *timid*, that is, (by implication) **faithless**: - fearful.

Psalm 3: LORD, how my foes increase! There are many who attack me. <sup>2</sup>Many say about me, "There is no help for him in God." *Selah* <sup>3</sup>But You, LORD, are a shield around me, my glory, and the One who lifts up my head. <sup>4</sup>I cry aloud to the LORD, and He answers me from His holy mountain. *Selah* <sup>5</sup>I lie down and sleep; I wake again because the Lord sustains me. <sup>6</sup>I am not afraid of the thousands of people who have taken their stand against me on every side. <sup>7</sup>Rise up, LORD! Save me, my God! You strike all my enemies on the cheek; You break the teeth of the wicked. <sup>8</sup>Salvation belongs to the LORD; may Your blessing be on Your people. *Selah*

Psalm 23: The Lord is my shepherd; I shall not want. <sup>2</sup>He makes me lie down in green pastures. He leads me beside still waters. <sup>3</sup>He restores my soul. He leads me in paths of righteousness for his name's sake. <sup>4</sup>Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff, they comfort me.

<sup>5</sup>You prepare a table before me in the presence of my enemies; you anoint my head with oil; my cup overflows. <sup>6</sup>Surely goodness and mercy shall follow me all the days of my life, and I shall dwell in the house of the Lord forever.

Psalm 27:1-5: The Lord is my light and my salvation; whom shall I fear? The Lord is the stronghold of my life; of whom shall I be afraid? <sup>2</sup>When evildoers assail me to eat up my flesh, my adversaries and foes, it is they who stumble and fall.

<sup>3</sup>Though an army encamp against me, my heart shall not fear; though war arise against me, yet I will be confident. <sup>4</sup>One thing have I asked of the Lord, that will I seek after: that I may dwell in the house of the Lord all the days of my life, to gaze upon the beauty of the Lord and to inquire in his temple.

<sup>5</sup>For he will hide me in his shelter in the day of trouble; he will conceal me under the cover of his tent; he will lift me high upon a rock.

Psalm 46:1-3: God is our refuge and strength, a very present help in trouble. <sup>2</sup>Therefore we will not fear though the earth gives way, though the mountains be moved into the heart of the sea, <sup>3</sup>though its waters roar and foam, though the mountains tremble at its swelling.

Psalm 91: I dwell in the shelter of the Most High and abide in the shadow of the Almighty.<sup>2</sup> I say to the Lord, “My refuge and my fortress, my God, in whom I trust.”<sup>3</sup> For You deliver me from the snare of the fowler and from the deadly pestilence.<sup>4</sup> You cover me with Your pinions, and under Your wings I find refuge; Your faithfulness is a shield and buckler.

<sup>5</sup> I will not fear the terror of the night, nor the arrow that flies by day,<sup>6</sup> nor the pestilence that stalks in darkness, nor the destruction that wastes at noonday.<sup>7</sup> A thousand may fall at my side, ten thousand at my right hand, but it will not come near me.

<sup>8</sup> I will only look with my eyes and see the recompense of the wicked.<sup>9</sup> Because I have made the Lord my dwelling place—the Most High, who is my refuge—<sup>10</sup> no evil shall be allowed to befall me, no plague come near my tent.<sup>11</sup> For God commands His angels concerning me to guard me in all my ways.<sup>12</sup> On their hands they bear me up, lest I strike my foot against a stone.<sup>13</sup> I will tread on the lion and the adder; the young lion and the serpent I will trample underfoot.

<sup>14</sup> “Because I hold fast to God in love, He will deliver me; He will protect me, because I know His name.<sup>15</sup> When I call to Him, He will answer me; He will be with me in trouble; He will rescue me and honor me.<sup>16</sup> With long life He will satisfy me and show me His salvation.”

Proverbs 3:4-6: So you will find favor and good success in the sight of God and man.<sup>5</sup> Trust in the Lord with all your heart, and do not lean on your own understanding.<sup>6</sup> In all your ways acknowledge him, and he will make straight your paths.

Philippians 4:6-8: Don’t worry about anything, but in everything, through prayer and petition with thanksgiving, let your requests be made known to God.<sup>7</sup> And the peace of God, which surpasses every thought, will guard your hearts and minds in Christ Jesus.<sup>8</sup> Finally brothers, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is commendable—if there is any moral excellence and if there is any praise—dwell on these things.

Joshua 1:9: Have I not commanded you? Be strong and courageous. Do not be frightened, and do not be dismayed, for the Lord your God is with you wherever you go.”

Isaiah 41:10: fear not, for I am with you; be not dismayed, for I am your God; I will strengthen you, I will help you, I will uphold you with my righteous right hand.

Romans 8:37-39: No, in all these things we are more than conquerors through him who loved us.<sup>38</sup> For I am sure that neither death nor life, nor angels nor rulers, nor things present nor things to come, nor powers,<sup>39</sup> nor height nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord.

## Benefits of Trust in the Lord

- joy – Psalm 5:11: But let all who take refuge in You rejoice; let them shout for joy forever. May You shelter them, and may those who love Your name boast about You.
- release from bondage – Psalm 22:4-5: In you our fathers trusted; they trusted, and you delivered them. <sup>5</sup>To you they cried and were rescued; in you they trusted and were not put to shame.
- guidance – Psalm 3:5-6: I lie down and sleep; I wake again because the Lord sustains me. <sup>6</sup>I am not afraid of the thousands of people who have taken their stand against me on every side.
- usefulness – Psalm 73:28: But for me it is good to be near God; I have made the Lord God my refuge, that I may tell of all your works.
- provision – Psalm 37:3-5: Trust in the Lord, and do good; dwell in the land and befriend faithfulness. <sup>4</sup>Delight yourself in the Lord, and he will give you the desires of your heart. <sup>5</sup>Commit your way to the Lord; trust in him, and he will act.
- triumph – Psalm 25:2-3: O my God, in you I trust; let me not be put to shame; let not my enemies exult over me. <sup>3</sup>Indeed, none who wait for you shall be put to shame; they shall be ashamed who are wantonly treacherous.
- blessedness – Psalm 40:4: Blessed is the man who makes the Lord his trust, who does not turn to the proud, to those who go astray after a lie!
- goodness – Psalm 31:19: How great is Your goodness that You have stored up for those who fear You and accomplished in the sight of everyone for those who take refuge in You.
- safety – Psalm 56:4,11: In God, whose word I praise, in God I trust; I will not fear. What can man do to me? <sup>11</sup>In God I trust; I will not fear. What can man do to me?
- mercy – Psalm 32:10: Many are the sorrows of the wicked, but steadfast love surrounds the one who trusts in the Lord.

## GRIEF

Isaiah 53:4: Surely he has borne our griefs and carried our sorrows; yet we esteemed him stricken, smitten by God, and afflicted.

Isaiah 61:2-3: to proclaim the year of the Lord's favor, and the day of vengeance of our God; to comfort all who mourn; <sup>3</sup> to grant to those who mourn in Zion—to give them a beautiful headdress instead of ashes, the oil of gladness instead of mourning, the garment of praise instead of a faint spirit; that they may be called oaks of righteousness, the planting of the Lord, that he may be glorified.

Romans 15:13: Now may the God of hope fill you with all joy and peace as you believe in Him so that you may overflow with hope by the power of the Holy Spirit.

Philippians 4:4: Rejoice in the Lord always. I will say it again: Rejoice!

Galatians 5:22: But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, <sup>23</sup> gentleness, self-control; against such things there is no law.

1 Chronicles 16:27: Splendor and majesty are before Him; strength and joy are in His place.

John 15:11: "I have spoken these things to you so that My joy may be in you and your joy may be complete.

John 16:24: Until now you have asked for nothing in My name. Ask and you will receive, so that your joy may be complete.